



**OFFICE OF THE
INSPECTOR GENERAL OF POLICE,
PUNJAB.**

To All Heads of Police Officers,
In Punjab.

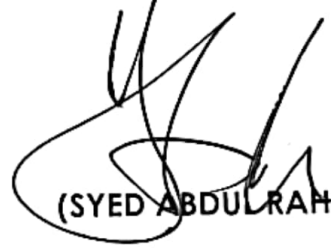
No. 4743/W-VII

Dated 10/06/2025

Subject **RENEWAL OF MEMORANDUM OF UNDERSTANDING (MOU) BETWEEN
PUNJAB POLICE AND SARWAR SHAHIDA RESEARCH INSTITUTE OF
CARDIOVASCULAR SCIENCE TRUST.**

Memo:

Enclosed please find herewith a Memorandum of Understanding (MoU) duly signed between Punjab Police and Sarwar Shahida Research Institute of Cardiovascular Science Trust, on 03.06.2025 for information and with the direction to circulate it amongst all your respective subordination for getting benefits according to MoU in treatment of Punjab Police personnel.


(SYED ABDUL RAHIM SHERAZI)
QPM, PSP

AIG/Welfare,
for Inspector General of Police,
Punjab, Lahore.

CC:

1. All staff Officers posted in CPO, Punjab.
2. PSO to IGP, Punjab, Lahore.
- ✓ 3. Raja Tallat, Director Computer Bureau Punjab with request to upload the attached MoU at websites of Punjab Police, Regions & Districts.
4. DPR, Punjab Police with request to publish the same through social media.
5. Incharge Control Room with the request to Email and WhatsApp this letter alongwith its enclosures to all above-mentioned offices.



**GOVERNMENT OF THE PUNJAB
POLICE DEPARTMENT**

**MEMORANDUM OF UNDERSTANDING
BETWEEN
PUNJAB POLICE DEPARTMENT
AND**

SARWAR SHAHIDA RESEARCH INSTITUTE OF CARDIOVASCULAR SCIENCE TRUST

This Memorandum of Understanding (MOU) is made and entered into on this 3rd day of June 2025, by and between the Punjab Police Department, Government of Punjab, with its registered office at Central Police Office, 4-Church Road, Lahore, hereinafter referred to as "The Punjab Police" (which expression shall, where the context so permits or requires, be deemed to include its successors-in-interest, administrators, substitutes, and permitted assigns), and "Sarwar Shahida Research Institute of Cardiovascular Science Trust", a non-profit organization dedicated to healthcare and social welfare, having head office at 36-Kiyani Chambers, Session Court Gujranwala, hereinafter referred to as "SST" (which expression shall be deemed to include its successors, assignees, and administrators).

NOW, THEREFORE, THIS AGREEMENT IS MUTUALLY CONFIRMED BY ALL PARTIES AS FOLLOWS:

1. Purpose:

The purpose of this MoU is to establish formal framework for collaboration between Sarwar Shahida Trust and Punjab Police to promote cardiovascular health and wellness of Punjab Police personnel.

This MoU outlines a comprehensive program of heart health education, screenings and consultancy services which will take place annually at Central Police Office (CPO), Lahore and quarterly at Regional/Divisional Hqrs. as per programme coordinated through Welfare Branch.

2. Duration of the MoU:

This MoU shall be effective from the date of signing and remain in force for 2 years after which it may be renewed by mutual consent between SST and Punjab Police.

Either party may terminate this MoU by providing advance Notice with 30 Days written margin.

3. Scope of Collaboration:

Both parties agree to collaborate on the following activities:

(A). Quarterly Preventive Cardiology Program:

SST mentioned set programs will be managed in all Divisions of the Punjab starting from Lahore:

(B). Basic Cardiovascular Screening:

- SST will offer basic cardiovascular screenings for Punjab Police personnel.
- These screenings will include blood pressure measurement, body mass index, blood glucose testing and other cardiovascular health assessments.

(C). Atherosclerotic Cardiovascular Disease (ASCVD) Consultancy:

- SST will provide specialized consultations for those at risk of or diagnosed with Atherosclerotic Cardiovascular Disease (ASCVD).
- This consultancy will involve risk assessments, individualized management plans and ongoing follow-up advice to ensure long-term cardiovascular health.

(D). Dietary & Rehabilitation Consultancy:

- Heart patients and those at risk will receive personalized dietary advice and rehabilitation programs.
- These will include specific nutritional plans aimed at reducing cardiovascular risk, as well as exercise and rehabilitation programs designed to improve heart health and overall fitness.

4. Roles & Responsibility:

- CPO/Lahore and all Unit/Regional/District Police offices will make logistic arrangements, safe and secure stay where required for SST attendees and arrange a venue for lectures on cardiovascular health whereas Sawar Shahida Trust shall ensure briefing, conduct screening of police employees and provide consultations.

5. Liabilities:

- There shall be no financial liabilities of above activities on the Punjab Police.

6. General Provisions:

- Any modifications to this MoU must be made in writing and signed by both parties.

This agreement shall come into effect on the date of signature by the parties and shall remain effective till the closure of the services/cases as detailed in the substance of the previous sentence.

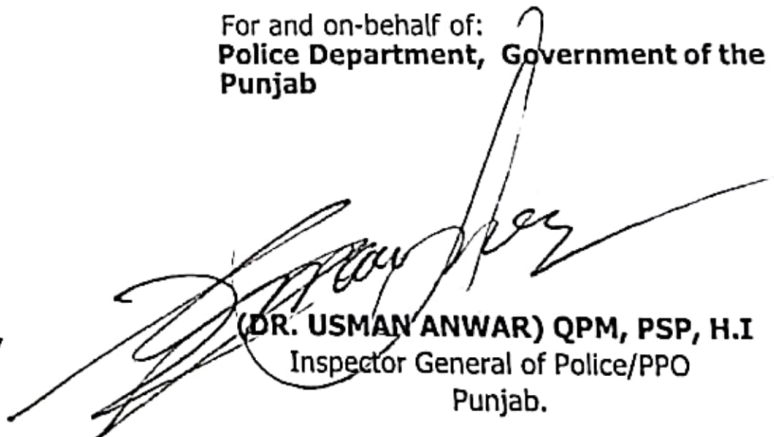
IN WITNESS WHEREOF, the above-said parties have set forth, their respective hands, the day and year first hereinabove written.

For and on-behalf of:
Sarwar Shahida Trust.



DR. SHOAIB SARWAR HASHMI,
President / Volunteer,
Sarwar Shahida Trust.

For and on-behalf of:
Police Department, Government of the Punjab



(DR. USMAN ANWAR) QPM, PSP, H.I
Inspector General of Police/PPO
Punjab.